# DOUBLE PAX

### **Cyber Safety Guidance**

## KS3 scheme of work

	Year 7		Year 8		Year 9
	Network introduction		Cyber bullying		Personal Space Safety
	<ul><li>Appropriate use</li></ul>		Grooming		and etiquette
	of equipment		Email etiquette and		<ul><li>Online friends</li></ul>
	Safe and effective use		safety		<ul><li>Suitable online</li></ul>
	of Internet		Social networking		content
	<ul><li>E-safety test</li></ul>		sites and apps		<ul><li>Sexting</li></ul>
	<ul><li>Social</li></ul>		Reporting abuse		<ul><li>Digital footprint</li></ul>
	networking sites				<ul><li>Safe settings</li></ul>
	<ul><li>Online dangers</li></ul>				Sharing Files and the
	<ul><li>Reporting</li></ul>				Law
	abuse				<ul><li>Licensing</li></ul>
					<ul><li>Copyright</li></ul>
F-safe	ety monitoring				
Students' computer usage is monitored using the following software:					
	Websense	0.0	a doing the fellowing doi	twaro.	
	Smart Sync				
	Policy Central				
	nts' social networking sites w	ill a	lso monitored by the sc	hool.	
	3		,		
Look	out for:				
	Excessive use of the compu	ter			
	Aggressive behaviour regarding internet usage				
	Secretive behaviour				
	Change of use in sexual language				
	Sadness, worry, anxiety linked to computer				
	Reluctance to talk about or a	atte	nd school etc.		
	e for parents				
	Encourage open family com				
	Talk to your child about poss		· · · · · · · · · · · · · · · · · · ·		•
	Setup family ground rules or reasons why	n co	mputer usage- make su	ure all aç	gree and understand
	Have an agreement- in a far	nily	room and not hidden in	bedroo	m or other room
	Be aware of other devices w	/ith	Internet capabilities – m	obile 'pł	nones, games machines
	etc.				
	Know what your children are	do	ing online		
	Ask them to teach you to us	_ ar	ny annlications		

#### St. Benedict's Catholic High School

#### **Parental controls**

There are many types of controls available, and they allow you to do a number of different things, such as:

- □ Filter and block content you don't want your children to see such as violence and pornography
- Restrict information that can be shared
- □ Set time limits on how long children are online
- □ Control the time of day that children can access the internet
- □ Set different profiles, so that each family member can access content that's appropriate to them.

For more information on setting up parental controls please visit:

http://www.internetmatters.org/controls/interactive-guide/

#### Useful websites:

http://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/

http://www.net-aware.org.uk/

http://www.childnet.com/resources/kia

http://www.ceop.police.uk/

http://www.thinkuknow.co.uk/

http://www.childline.org.uk/Pages/Home.aspx