



St Benedict's

Catholic High School, Alcester

January 2017

Dear Parents/Carers

Year 7 Citizenship and PSHE Day – Tuesday, 16th January, 2018

As part of our cross-curricular delivery of personal, social and health education, Year 7 students will be involved in a 'drop-down' day on Tuesday 16th January. The aim of the day is to provide pupils with the information and skills they will need to develop positive behaviours and emotional resilience. In this way, we hope that they will feel better able to meet some of the challenges of growing up in the twenty-first century. During the day, normal lessons will be suspended and pupils in the year group will attend a series of age-appropriate sessions and workshops delivered by a mixture of external and internal speakers to explore the themes of identity, future aspirations and personal and online-safety.

The five sessions will cover:

Drugs Awareness – Warwickshire Police

Managing money – Barclays Bank

'Created in the Image of God' – Miss Naomi Cairns, Youth Minister

An Introduction to Sign Language – Mrs F Bullingham, Holistic Support

Coping with Bereavement – Shakespeare Hospice

Whilst recognising the contemporary context in which we live today the content of sessions will reflect the Church's teachings and its vision of human wholeness, emphasising the dignity of the human person and the values of mutual respect, diversity and toleration. All sessions will have a member of staff present should any pupil need pastoral support but if you feel you want your son/daughter should not go to any of the sessions for any reason, please let me know.

If you would like further details about the day and the sessions please don't hesitate to contact Mrs J Holmes, Naomi or me.

Yours sincerely,

Mr N. Gibson
Headteacher



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